Self-check Sheet

Name(＿＿＿＿＿＿＿＿＿＿＿＿) Age(　　) Sex(Male ・ Female)
ID(　　) School(　　)
Contact (phone＿＿＿＿＿＿＿＿＿＿E-mail＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿)

Where did you go to foreign country ?　　(　　)
How long were you going to foreign country ?　　(　　～　　)

	/ ( )	/ ( )	/ ( )	/ ( )	/ ( )
Morning	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃
	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)
	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)
	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)
	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)
	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)
	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)
	others ( )	others ( )	others ( )	others ( )	others ( )
Evening	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃
	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)
	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)
	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)
	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)
	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)
	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)
	others ( )	others ( )	others ( )	others ( )	others ( )

	/ ( )	/ ( )	/ ( )	/ ( )	/ ( )
Morning	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃
	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)
	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)
	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)
	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)
	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)
	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)
	others ( )	others ( )	others ( )	others ( )	others ( )
Evening	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃
	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)
	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)
	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)
	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)
	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)
	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)
	others ( )	others ( )	others ( )	others ( )	others ( )

	/ ( )	/ ( )	/ ( )	/ ( )	/ ( )
Morning	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃
	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)
	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)
	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)
	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)
	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)
	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)
	others ( )	others ( )	others ( )	others ( )	others ( )
Evening	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃	body temprature ( ) ℃
	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)	nasal discharge (+、−)
	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)	sore throat (+、−)
	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)	chill (+、−)
	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)	cough (+、−)
	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)	smothering (+、−)
	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)	opression (+、−)
	others ( )	others ( )	others ( )	others ( )	others ( )

If you fell something abnormal, please contact the following

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